

KIRKLEES SUCCESS CENTRE

ADULT LEARNING COURSES
STARTING JANUARY 2024



COURSES FOR VOLUNTEERING/WORKING IN SCHOOLS

<p>Reading Friends Training</p>	<p>Would you like to share your love of reading with children in Kirklees schools and help to increase their reading ability? Our course will give you the skills and knowledge to be a Reading Friend Volunteer. Volunteers wanted across Kirklees.</p> <p>If you do not see your local school on the list, get in touch to be informed when we are running one in your area. You do not need to volunteer in the school where you complete the training.</p>	<ul style="list-style-type: none"> • Staincliffe Junior school - Starts Monday 15th January 9-12pm • St John's Primary school, Dewsbury - Starts Tuesday 16th January 2024 12-3pm • Gomersal St Mary's school - Starts Thursday 18th January 2024 9-12pm • Ravenshall school, Dewsbury - Starts Friday 19th January 2024 9-12pm
<p>Speech Stars Training</p>	<p>Do you have an interest in children's speech and language development or education? Full training will be given to volunteers who can spare a few hours a week to support children in a school or nursery setting as part of the Speech Stars programme.</p>	<ul style="list-style-type: none"> • John Smith Stadium - Starts Monday 15th January 2024 10-1pm • Saville Town Nursery - Starts Tuesday 9th January 2023 12.30 – 3pm
<p>Preparing to Volunteer in Schools</p>	<p>Would you like to volunteer in a school, possibly with a view to a paid role in the future? Our 6 week training course will help you to understand how schools work, including the curriculum, safeguarding, support needs of children with SEND, behaviour management and the types of activities you may be asked to support with. The final week will look at how you can make yourself stand out in interviews/applications.</p>	<ul style="list-style-type: none"> • Westmoor Primary School, Dewsbury - Starts Wednesday 24th January 9-12pm • Mount Pleasant Primary School, Lockwood - Starts Wednesday 21st February 9 – 12pm
<p>Maths Mates</p>	<p>This course prepares volunteers who would like to support primary aged pupils in the classroom with their enjoyment and progress in maths.</p>	<p>Coming soon Register your interest with us.</p>



COURSES FOR HEALTH AND WELLBEING

Eat Well for Less	Our popular short course looks at ways to save money on your food bills and make healthy, tasty food for all the family.	<ul style="list-style-type: none">• Field Lane J,I & N School- Starts Thursday 29th February 9-12pm
Steps to Success	Need help to increase your confidence, self-esteem or motivation? Join our friendly tutor on this popular course to look at the way we think, explore our comfort zones and to learn strategies to help overcome the issues and barriers in our lives.	<ul style="list-style-type: none">• Online- Starts Thursday 18th January 2024 10-12pm
Create Time for Wellbeing	Leave your worries behind and join us as we bring a variety of craft projects to have a go at, which may include marbling, weaving, Acrylic paint pen crafts/glass painting, Macrame, Paper Flowers/egg box flowers, Felting, Marbling, Jewellery/beading or rag rugs. Everyone welcome at these sessions.	<ul style="list-style-type: none">• Saville Town Nursery- Thursday afternoons 1-3pm from 18th January (starts with jewellery making)
Knitting for Wellbeing	Did you know knitting is good for your mental health and wellbeing? From beginners to improvers, join our friendly class where you can learn the basics or more advanced techniques. Everyone welcome, materials provided.	<ul style="list-style-type: none">• Intermediate course starts at The Recovery & Wellbeing College in Mirfield (For anyone wanting to move on from the basics)- Starts Tuesday 9th January 10-12pm• Heckmondwike Primary school- Wednesday 17th January 9-11.30am• Netherhall Learning Campus community room- Starts Monday 15th January 12.30-2.30pm
Write Time for Wellbeing	Suitable for anyone, no experience needed. Take some time out for you and learn activities you can do anytime which can help when you are feeling stressed and overwhelmed.	Coming soon Register your interest with us.
Weight Off Your Mind Workshop	Would you like to gain more control over your eating and have a positive mindset when it comes to your eating habits? This 2 hour workshop will explore how we can overcome emotional and binge eating to help you make healthier lifestyle choices.	<ul style="list-style-type: none">• ONLINE with the Recovery College in Mirfield- Monday 15th January 10 – 12pm



FAMILY LEARNING COURSES

Your Maths, Their Maths, Our Maths

Do you struggle to help your children with their maths homework? Wish you could refresh your maths knowledge and understand the teaching methods used in school currently? Join us on this 5 week (6 including Early years maths learning) course to learn at your own pace and bring your primary school maths knowledge up to date, no prior maths knowledge needed.

- **Ravensthorpe Junior school**
 - Starts Monday 15th January 9-11.30am
- **Mount Pleasant Primary School, Lockwood**
 - Starts Wednesday 17th January 9-11.30am
- **Online**
 - Starts Thursday 18th January 12.45-2.45pm

IMPROVING SKILLS/EMPLOYABILITY COURSES

Bridge the Gaps in Your Maths

Are you thinking about further education but feel that your maths needs a bit of a boost? Are you nervous about taking that next step towards functional skills or maths GCSE? Whatever your goals, join us on this 7 week course which will be tailored to your personal learning needs, and you will be feel more confident to tackle those tricky questions and achieve your goals!

- **Dewsbury Library**
 - Starts Wednesday 17th January 2024 12.30-3pm
- **John Smith Stadium**
 - Starts Tuesday 16th January 2024 10 -12.30pm
- **Online Revision sessions for Functional Skills**
 - Start Thursday 22nd February 12-1.30pm

Social Conversations and Back to Basics English

Join us for Social Conversations where we will practice speaking English for conversations you may have in everyday situations. Back to Basics English explorers will look at the grammar used to help with English writing, in preparation for further educations, employment or to help your children with their homework. Both are suitable for people where English is their second language or if you would like to get back into learning but are not sure where to start.

- **Heckmondwike Primary School**
 - Starts Monday 15th January 12-2pm
- **Manorfield I&N School**
 - Starts Monday 19th February 9-11am
- **Diamond Wood Community Academy**
 - Starts Tuesday 20th February 9-11am

Peer Mentoring for Health and Wellbeing

This 7 week practical course aims to provide you with the skills, knowledge and confidence to be an effective mentor. It will cover What a mentor is and does; Essential skills; Important policies and procedures; Goal and objective setting

- **Recovery & Wellbeing College in Mirfield**
 - Starts Friday 19th January 2024 10-1pm

Free training available for Mentors



What is Mentoring?
 - Do you want to be able to support others as part of your job role and/or volunteering?
 - Do you want to develop your communication skills?
 - Do you want to know how to set goals and know when these have been achieved?
 - Are you aged 19+?
 Then consider becoming a mentor!

The Course
 This 5 week practical course aims to provide you with the skills, knowledge and confidence to be an effective mentor.

It will cover:

- What a mentor is and does
- Essential skills
- Important policies and procedures
- Goal and objective setting

Course starts at The Recovery & Wellbeing College in Mirfield
 Friday 19th January 2024 10-1pm
 To enrol, go to: <https://www.calderdalekirkleescr.nhs.uk/courses/next-step/peer-mentoring/>
 or call 07717 867911

Logos: Calderdale and Kirklees Recovery and Wellbeing College, Kirklees Adult Learning, West Yorkshire Combined Authority, Tracy Brabin Mayor of West Yorkshire.

EAT WELL FOR LESS

FREE 4 WEEK COURSE DELIVERED BY KIRKLEES SUCCESS CENTRE

Save money on your shopping and plan healthy, tasty food all the family will enjoy!
 The course will involve some classroom learning and cooking in the kitchen.
Progression possible to a food hygiene course

STARTS: THURSDAY 29TH FEBRUARY 2024
 9.00AM - 12.00PM
 WHERE: FIELD LANE J,I,N SCHOOL

Attend the full course and receive a £20 shopping voucher!

LIMITED PLACES AVAILABLE TO BOOK PLEASE CONTACT SCHOOL ON 01924 326378 OR EMAIL SUCCESS.CENTRES@KIRKLEES.GOV.UK OR CALL 01484 234153

THIS PROJECT IS PART-FUNDED BY THE UK GOVERNMENT THROUGH THE UK SHARED PROSPERITY FUND.

Logos: UK Government, Kirklees Success Centres, West Yorkshire Combined Authority, Tracy Brabin Mayor of West Yorkshire, Employment & Skills.

Knitting for Wellbeing

Learn a new skill—Improve your wellbeing—Meet new people

Whether you are a complete beginner or would like to refresh your skills, everyone welcome to join us in this free, 8 week course delivered by Kirklees Success Centre

Starts **Monday 15th January 2024 12.30-2.30pm**
 Where **The Community Room at Netherhall Learning Campus**

To book your place email success.centres@kirklees.gov.uk or call 01484 234153 or just come along!

Logos: HD5 Community Hub, Kirklees Success Centres.

Steps to Success

Boost your confidence and self esteem
 Set personal goals and overcome barriers
 Learn about how your mind works
 Who or what influences you? Could these be preventing you from moving forward in life?

FREE 8 week Personal Development Course

Taking steps to achieve a goal is always possible with some positive thinking and support from others!

New course starts ONLINE Thursday 18th January 10-12pm
 To enrol, scan the QR code or success.centres@kirklees.gov.uk
 01484 234153

Logos: Kirklees Success Centres.

Reading Friends

Have you got an hour a week to volunteer at a school in Kirklees to boost children's confidence and enjoyment of reading?

What is Reading Friends?
 Reading Friends is a paired reading project which involves adult volunteers giving up an hour of their time per week to read with pupils in Kirklees schools.

The Reading Friends training, provided by Kirklees Success Centre, will develop your knowledge and skills in the following areas:

- Early stages of reading development
- Expectations of a volunteer in school, including Safeguarding
- Strategies to help children with phonics and difficult words
- Ways to support comprehension
- Different levels of support
- Effective feedback

What are the benefits?
 Reading Friends is a great opportunity for you to:

- Develop new knowledge and skills to provide effective reading support in schools and at home with your own children.
- Support your local community.
- Gain experience as a starting point to exploring a career in schools.
- Gain new skills and work experience to build up your CV and support your job applications.
- Increase self-confidence and motivation.
- Meet new people.

On average, children improve in their reading age by up to 9 months after a 10 week programme and become more confident and enjoy reading.

Training
 You will need to attend all 4 sessions below, which take place at **St Johns Primary School, WF13 2LP**

- Tuesday 16th January 2024 12-3pm
- Tuesday 23rd January 2024 12-3pm
- Tuesday 30th January 2024 12-3pm
- Tuesday 6th February 2024 12-3pm

We are flexible and can accommodate for slightly later arrivals or earlier finishes due to other school pick up/drop off etc.

To Book
 Enrol by scanning the QR code or email us on succs.centres@kirklees.gov.uk or phone 01484 153 for more information.
ISE CODE: FL2324029

Logos: Kirklees Success Centres.

Help your child with their maths homework

Improve your own maths skills

Your Maths, Their Maths, Our Maths Course

Online (4 weeks)
 Starts: **Thursday 18th January 2024 12.45—2.45pm**

Everyone welcome! No prior maths knowledge/qualifications needed. Our friendly tutor will work at your pace to look at the methods of how maths is currently being taught in primary schools and look at how you can make it fun for your child at home.

To book your free place, please scan the QR code or call 01484 234153 or email success.centres@kirklees.gov.uk

Logos: UK Government, LEVELLING UP, SKILLS FOR LIFE, West Yorkshire Combined Authority, Kirklees Success Centres.

BRIDGE THE GAPS IN YOUR MATHS

FREE 7 WEEK COURSE FOR KIRKLEES ADULTS

This course is for you if

- You want to boost your numeracy skills with enjoyable, activity based learning or
- You would like to increase your employability or strengthen your skills in the workplace or
- You would like to take the first steps towards gaining a level 2 qualification in maths (GCSE/Functional skills) but may be apprehensive about returning to/starting formal learning as an adult

WE CAN HELP WITH TRAVEL AND CHILDCARE COSTS FOR YOU TO ATTEND THIS COURSE

Course starts at the John Smith Stadium, Huddersfield on **Tuesday 16th January 10-12.30**

or from **Dewsbury library** **Wednesday 17th January 12.30-3pm**

For more information, scan the QR code or call us on 01484 234153 or email success.centres@kirklees.gov.uk

Logos: UK Government, LEVELLING UP, SKILLS FOR LIFE, West Yorkshire Combined Authority, Tracy Brabin Mayor of West Yorkshire, Employment & Skills, Kirklees Success Centres.

Preparing to Volunteer in Schools

FREE COURSE

Are you looking to volunteer in a school, maybe to gain experience before applying for a paid role? Or you may already be volunteering but would like to increase your skills and knowledge? Our free 5 week course will increase your confidence in the classroom.

Topics covered will include safeguarding, the different support needs of children with SEND, what activities you might be expected to support with in a classroom and questioning and feedback techniques.

Course starts: **Wednesday 21st February 2024**
 Time: **9am-12pm**
 (we are flexible if you need to arrive slightly later or leave slightly earlier)

Location: **Mount Pleasant Primary School, Lockwood**

To enrol, scan the QR code (Course code: FL2324036) or email success.centres@kirklees.gov.uk or phone 01484 234153

Logos: Adult Learning Kirklees, West Yorkshire Combined Authority, Tracy Brabin Mayor of West Yorkshire, Employment & Skills, Kirklees Success Centres.

Join Speech Stars and make a real difference to a child's early language and speech development.

Speech Stars

We are looking for:

- Volunteers and students to train and volunteer in schools and nurseries across Kirklees to support children's communication and language skills.
- Volunteers with a desire to support children's speech and language development or students and volunteers already studying or interested in a career in Childcare, Speech & Language Therapy or Education.
- Dedicated individuals who could spare a few hours a week to train and volunteer in a local primary school or nursery to deliver our Speech Stars programme or complete Speech Stars as part of their course placement.

We can offer:

- Training covering all aspects of working in an educational setting and how to effectively support children's speech and language development.
- A placement within a local primary school or Early Years setting to deliver the programme targeting children aged 3-7 years old.
- Valuable experience in schools and nurseries which could help with future careers, further study, personal development or supporting children at home.
- Satisfaction of helping young children develop their speech, listening and attention, vocabulary, social skills and confidence.

If you are interested in training and becoming a Speech Stars volunteer, we are delivering a four week course at: **John Smith's Stadium, Stadium Way, Huddersfield, HD1 6PG**

Dates: **Monday 15th January 2024 (10:00am - 1:00pm)**
Monday 22nd January 2024 (10:00am - 1:00pm)
Monday 29th January 2024 (10:00am - 1:00pm)
Monday 5th February 2024 (10:00am - 1:00pm)

To book your fully funded place please scan the QR code or use the link: [Kirklees Council Adult Learning and Multiple Learner Enrolment Form 23-24 - Personal Use](#)
 full - Address Details - Section 1 - My Kirklees Account

For more information please Email: speech.stars@kirklees.gov.uk or Phone: 01484 234153

Logos: Kirklees Success Centres, Speech Stars.

FREE COURSE TO IMPROVE YOUR ENGLISH SPEAKING SKILLS

Social Conversations

Free 8 week course for Kirklees residents aged 19+ delivered by **Kirklees Success Centre**
 Fantastic opportunity to develop and improve your **English speaking skills**
 Supportive, friendly tutors who work at your pace
 Chance to improve your confidence and meet new people

Topics to suit your interests and can include life in the UK, hobbies and interests, asking and answering questions and having conversations with new people
Everyone welcome!

STARTS **Tuesday 20th February 2024** 11am - 9pm
 At **Diamond Wood Community Academy**

To book your place scan the QR code

Or email succs.centres@kirklees.gov.uk or call 01484 234153 for more information.

Logos: Adult Learning Kirklees, West Yorkshire Combined Authority, Tracy Brabin Mayor of West Yorkshire, Employment & Skills, Kirklees Success Centres.



To enrol for any of our courses, please Email success.centres@kirklees.gov.uk or phone 01484 234153.

Courses delivered by our team of friendly tutors from Kirklees Success Centre. We provide free adult learning courses for any Kirklees resident aged 19+ at community venues, schools, online and from our classroom at the John Smith Stadium in Huddersfield.

For courses at the Recovery College, please telephone 07717 867911 or enrol by visiting the recovery college website

<https://www.calderdalekirkleesrc.nhs.uk/courses-and-enrolment/>

More courses coming soon– get in touch today to register your interest or to be added to our termly update list or find us on Facebook – Kirklees Success Centre.



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